**<INSERT SERVICE USER NAME> CARE PLAN EXAMPLE**

Once you have selected and/or obtained the equipment to assist your service user, you must ensure your staff know how and when they must use this. The easiest way to do this is through your care plan. The example below shows how you can convert an assessment into a care plan, which enables staff to understand how to use service user’s equipment safely.

|  |  |  |  |
| --- | --- | --- | --- |
| **CARE PLAN EXAMPLE** | | | |
| **Name**: Mr Ronald Green | | **GP Contact Details**: Dr Walters (01344 134462) | |
| **Needs** | **Outcome** | **What Should Staff Do to Achieve this?** | **Care Required to Help the Person Achieve the Outcome** |
| Mr Green has left-sided weakness following a stroke and needs help of an aid to walk. | Mr Green wants to be able to walk about independently all the time. | Enable Mr Green to be independent with his mobility. | 1. Make sure Mr Green’s Zimmer frame is placed close to him to enable him to reach it. 2. Encourage Mr Green to mobilise regularly with the aid of the Zimmer frame. 3. Encourage Mr Green to leave enough time to walk to the toilet when he feels he might need to use it. 4. Observe Mr Green using the Zimmer frame to ensure he is not struggling to use it with his left-sided weakness. |
| Mr Green needs help to get to and use the shower each morning. | Mr Green wants to be able to get to and use the shower by himself. | Provide encouragement and support to enable Mr Green to feel confident enough to use the shower independently. | 1. Provide verbal support when Mr Green is walking to the shower. 2. Observe Mr Green preparing the shower ready for use:  * Putting the shower chair in place. * Turning the taps on. * Getting undressed.  1. Don’t provide any help unless requested. |
| Mr Green sometimes needs help putting on and taking off his clothes. | Mr Green wants to be able to get his clothes on and off by himself. | Staff will provide assistance when asked to identify and purchase clothing that is easy to put out on and take off, or find aids to assist with this. | 1. Staff to give encouragement and reminders to Mr Green to use his aids to put on and take off his clothes. 2. To provide help with dressing and undressing as requested, but encourage independence as far as he is able. |
| **Responsible Manager**: David Carter | | **Date**: 1st May 2019 **Review**: 1st June 2019 | |